

HEALTH AND WELLBEING POLICY STATEMENT

Rotunda is committed to providing a working environment which actively promotes the positive health and wellbeing of all employees, partners and contractors. We understand that our employees are our most valued resource and as a result their health and wellbeing is crucial to the effective running of all work activities. In addition to our legal health and safety duties, we will proactively promote good workplace health and enable, where able, good workplace wellbeing.

We encourage the development of a work environment that sees all employees taking a positive interest in their own, and others, health and wellbeing. Through our health and wellbeing promotion, we aim for employees to take their improved knowledge and behaviour into the home environment and further to continue the spread of the health and wellbeing messages.

Our Commitment To Maintaining A Healthy, Active, Positive Workforce Includes:

- The creation of a work environment that supports and promotes physical activity; that aids access to healthy choice foods; that helps employees to maintain their positive mental wellbeing while at work; that promotes sensible drinking of alcohol; and supports people to quit/ reduce smoking.
- The promotion of positive wellbeing through the provision of up to date and informative materials and resources to help employees make healthy lifestyle choices
- Promotion of all health and safety policies and practice
- Reducing the opportunities for accidents and incidents
- Linking to local and national campaigns and promotions
- Offer flexible working conditions
- Access to fresh drinking water
- Access to free fruit to aid in the 5 A-Day consumption
- Provision of healthy foods (sandwiches, fresh fruit) on training courses and for meetings
- Providing access to specialist Occupational Health support (as required) and supporting people
- Encouraging employees to take responsibility of their own health and wellbeing by helping to improve knowledge and behaviour

This policy statement should be read in conjunction with other organisational Health, Work and Wellbeing policies.



Rotunda Policy Review Record

Reviewed by:	Approval date:	Review frequency:	Review date:	Signed:
Maxine Ennis	11 th May 2024	Annual	12 th May 2025	